

BE ALERT – THE WORLD NEEDS MORE LERTS...

The only way to ensure your long-term enjoyment of motorcycling is to drive defensively. Every time that you turn the key to start your machine, you must also turn the key to start your mind. You must be actively involved in your safety – you must remember to be ALERT...

Anticipate

- prepare yourself physically – dress for success
- prepare yourself mentally – clear your mind
- check the bike – it's a single track vehicle
- review your planned route – potential problems?
- once in motion – keep your eyes ahead of the bike

LEAD WITH YOUR EYES

- keep your eyes 12 to 14 seconds ahead of the bike
- look for the path of least resistance in traffic
- sweep with your eyes – keep them moving
- identify potential problems and possible solutions – figure out what you're going to do before you need to do it
- look where you want the bike to go – don't lock on to problems

EXPECT THE WORST

- maintain your “virtual cage” – keep your wiggle room
- cover your butt – check your mirrors every 5 seconds
- cover your front brake – the life you save may be your own
- following distance is your best friend – and the easiest part of your cage to control
- you're invisible – deal with it

READ THE ROAD

- road conditions are important – at least to you they are
- have a look at your fellow motorists – make some generalizations
- intersections are your enemy – watch for left-turners
- check and check again – things change

TAKE CONTROL

- let everyone know what your plan is – communicate with the cagers
- keep up with traffic – move smoothly and confidently
- make them see you – ride in their face
- your lane position speaks volumes – think it out
- **AT THE END OF THE DAY YOU'RE RESPONSIBLE FOR YOUR OWN SAFETY AND WELL-BEING – ACT LIKE IT**